

TRUPTI MASALA CHAI

Makes single cup of masala chai please add chai masala to suit your taste and can sugar or honey as desired as well. You can then multiply the recipe to prepare larger amounts.

INGREDIENTS

Any fine tea loose leaf, 2 tablespoons recommended but add to your taste or one tea bag

Trupti Chai Masala

250 ml of water

30 ml milk – can use 2% or whole (if desired can use half and half as well to make creamy)

METHOD

Bring the water and tea leaves (bags to boil) on stove in a pan on med-high heat then when water boiling add the chai masala and milk leave on stove top to come to a boil while mixing the chai constantly to ensure it mixes well and does not burn.

Once it comes to initial boil stir well, serve and enjoy.